

## **Sunday June 26th**

Times are only estimated

Please note times can move up to 1 hour in advance

### **Track Events**

- 9:15am 3000M Run Final: All Divisions (Youngest to Oldest)
- 10:15am 100M Dash Final: All Divisions (Youngest to Oldest)
- 10:40am 800M Run Final: All Divisions (Youngest to Oldest) (12 Heats)
- 11:20am 200M Dash Final: All Divisions (Youngest to Oldest) (30 heats)
- 12:50 - 1:10pm 4x400M Relay Final: All Division (Youngest to Oldest)

### **Field Events (4 Attempt Rule)**

- 8:15am Discus: 13-14 B,G  
9:20am Discus: 11-12 B,G
- 9:15am Shot Put: 9-10 B,G  
10:00am Shot Put: 7-8 B,G
- 9:15am Triple Jump: 13-14 B,G  
9:35am Triple Jump: 15-18 B,G
- 9:15 - 10:30am 300g Mini/Turbo Javelin: 7-8 B,G  
10:30 - 11:45am 300g Mini/Turbo Javelin: 9-10 B,G
- 9:15am High Jump: 9-10 B,G  
9:30am High Jump: 11-12 B,G  
10:00am High Jump: 13-14 B,G  
11:00am High Jump: 15-18 B,G  
(Boys & Girls Compete Together in High Jump)