

Saturday June 25th

Times are only estimated

Please note times can move up to 1 hour in advance

Track Events

9:15am	200M Hurdles Final: 13-14 B,G
9:25am	400M Hurdles Final: 15-18,B;G
9:45am	4 x100M Relay Final: All Divisions (Youngest to Oldest) 1 Race Combined
10:00am	3000M Race Walk Final: 13-14 B,G, 15-18,B,G 1 Race Combined
10:15am	4 x 800M Relay Final: 11-12 B,G; 13-14B,G,15-16B,G;17-18B,G
10:30am	100M Dash Trials: All Divisions (Youngest to Oldest) (30 Heats)
11:30am	1500M Run Final: All Divisions Boys (Youngest to Oldest)
12:00pm	1500M Run Final: All Divisions Girls (Youngest to Oldest)
12:30pm	1500M Race Walk Final: 9-10 B,G; 11-12 B,G 1 Race Combined
12:50pm	80M Hurdles 30": 11-12 B,G
12:55pm	100M Hurdles 30": 13-14B,G, 15-16G, 17-18G
1:05pm	110M Hurdles: 15-18B
1:15 - 2:15pm	400M Dash Final: All Divisions (Youngest to Oldest) (24 Heats)

Field Events (4 Attempt Rule)

8:15am	Javelin (Metal Tip) 13-14 B,G
9:30am	Javelin (Finn Flyer): 11-12 B,G;
	Boys in Pit 1 / Girls in Pit 2
9:15am	Long Jump: 7-8 B,G
9:35am	Long jump: 9-10 B,G
9:55am	Long Jump: 11-12 B,G
10:30am	Long Jump: 13-14 B,G
11:10am	Long Jump: 15-16 B,G & 17-18 B,G
9:15am	Shot Put: 15-18 B,G
9:30am	Shot Put: 13-14 B,G
10:45-11:30am	Shot Put: 11-12 B,G