



## USATF NJ OPEN & MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS

FRIDAY, 6/23/23 & SATURDAY, 6/24/23

PEDDIE SCHOOL, HIGHTSTOWN, NJ

Approximate times to be posted 6/21/23 Arrive at least one hour prior to start of event

### FIRST DRAFT

FINAL SCHEDULE WILL BE POSTED 6/21/23

#### ORDER OF EVENTS

6/23	10,000M Run <b>LDR GP</b>	5:15pm
	3000M (Ages 15-18 if needed)	To Follow
	5000m Race Walk (M, W, Masters)	To Follow
	3000m Race Walk (15-18YR OLD)	To Follow
	Pole Vault	5:00pm

#### ORDER OF TRACK EVENTS

6/24	5000M <b>LDR GP</b>	9:00am
	100m Trials (Ages 15-18 if needed)	10:00am
	200H (30") 300H (30") 400H (30" 33" 36")	10:15am
	100m Finals (If needed)	
	110H, 100H (including Ages 15-18) 80H	TBA
	800m (including ages 15-18)	TBA
	110H/100H/80H Finals (Ages 15-18 if needed)	
	400m (including ages 15-18)	TBA
	1500m(including ages 15-18) <b>PMAG Event</b>	TBA
	200m (including ages 15-18)	TBA
	4x800 <b>PMAG Event</b>	

#### Order of Field Events:

6/24	Discus (Ages 15-18 Followed by O/M)	
	Women Follow Men	
	Javelin (Ages 15-18 Followed by O/M)	
	Shot Put (Ages 15-18 Followed by O/M)	
	Men Follow Women	
	Long Jump (All ages Men & Women plus 15-18)	11:00am
	Triple Jump (All ages Men & Women plus 15-18)	Follows Long Jump
	High Jump (All ages Men & Women plus 15-18)	12:00pm

F.A.T. will be used. Implement weights for the appropriate age/gender group. Hurdle heights & implement weights according to the USATF Masters rules. No 27" hurdles though. Most running events contested younger to older women followed by men. Age groups will be combined in some events if entry warrants. Pole Vault and High Jump bar will not be lowered after event begins. If you miss your call, you forfeit that start of attempt.

### USATF MEMBERSHIP IS REQUIRED TO COMPETE

Pre-Entries: \$30/1<sup>st</sup> event; \$15 each additional event

Online Registration closes on 6/20/23 @ 11:59pm.

#### **NO** RACE DAY ENTRIES FOR INDIVIDUAL EVENTS

Relays: \$30 – Relay registration day of meet – CLOSE 1:30pm

On-site Bib pick up: 6/23 4:30pm, 6/24 8:00am at Peddie School

#### Age Groups:

Open: Male 19+ and Female 19+

Youth: 15-18

Masters: 5-year age groups 25 +

#### Awards

Medals-Top 3 USATF NJ athletes in each age group in each event

Medals to Non-USATF NJ athletes if in top 3 of age group in an event.

Patch to 1<sup>st</sup> NJ Age Group Winners – only 1 patch per person

For more information contact: [managingdirector@usatf.newjersey.org](mailto:managingdirector@usatf.newjersey.org)

**Directions to Peddie School:** [www.peddie.org](http://www.peddie.org)

Open & Masters Track & Field Championships Registration

**Closes 6/20/2023**

Junior Olympic Track & Field Championships Registration

15-18 Year Old Divisions

**Closes 6/20/2023**