

Association Junior Olympic Championships
At Kean University Exit. 140 Garden State Parkway

Saturday 6/22/24 all starting times are an estimate and not official
Top 6 qualify for Regional Junior Olympic championship July 12,13,14 in Jersey City, NJ

Track Events

9am 200M Hurdles Final: 13-14 B,G
9:10am 100M Dash Semi: All Divisions (Youngest to Oldest)
10:15am 1500M Run Final: All Divisions Boys
(Youngest to Oldest)
10:35am 1500M Run Final: All Divisions Girls
(Youngest to Oldest)
10:55am 4 x100M Relay Final: All Divisions (Youngest to Oldest)
11:15am 1500M/3000M Race Walk Final: 9-10 B,G; 11-12 B,G 13-14 B,G
11:40am 80M Hurdles 30" Final on time 11-12 B,G
11:50am 100M Hurdles 30" Final 13-14G
12:00pm 100M Hurdles 33" Final 13-14B
12:10pm 400M Dash Final: All Divisions (Youngest to Oldest)
Estimated finish 1:40pm

Field Events

9:00am Shot Put: 13-14 B
10am Shot Put: 13-14 G
10:40am Shot Put: 11-12 B
11:40am Shot Put: 11-12 G
9:00am Javelin: 11-12 B
10:30am Javelin: 11-12 G
11:30am Javelin: 13-14 B
12:30pm Javelin: 13-14 G
9:00am Long Jump: 13-14B
9:40am Long Jump: 13-14G
10:25am Long Jump: 11-12B
11:10am Long Jump: 11-12G
3pm High Jump & 5pm Discus on July 5 at Rutherford Memorial Field

Sunday 6/23/24

Track Events

9am 3000M Run Final: All Divisions (Youngest to Oldest)
9:35am 100M Dash Final: All Divisions (Youngest to Oldest)
9:50am 800M Run Final: All Divisions (Youngest to Oldest)
11:00am 200M Dash Final: All Divisions (Youngest to Oldest)
12:00pm 4x400M Relay Final: All Division (Youngest to Oldest)
Estimated finish 12:40pm

Field Events

9am Shot Put: 9-10 B
9:50am Shot Put: 9-10 G
10:30am Shot Put: 7-8 B
11:00am Shot Put: 7-8 G
9am Triple Jump: 13-14B,G combined
9:30am Long Jump: 7-8 B
9:55am Long Jump: 7-8 G
11:15am Long Jump: 9-10 B
12:30pm Long Jump: 9-10 G
9am 300g Mini/Turbo Javelin: 7-8B
9:40am 300g Mini/Turbo Javelin: 7-8G
10:10am 300g Mini/Turbo Javelin: 9-10B
11:20am 300g Mini/Turbo Javelin: 9-10G