

# 2024 USATF REGION 2



## JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS

JULY 12-14, 2024







**Dear Athletes,**

This will be your last stop before the 2024 USATF National Junior Olympics Track and Field Championship, to be held at the E.B. Cushing Stadium in Bryan College Station, Texas.

We want to warmly welcome all athletes, coaches, and teams that qualified for Region 2. We hope the information in this packet will assist you with the registration process, travel, and friendly stay while you are in New Jersey for the Regional Championships. Please feel free to contact us if you have any questions or concerns. We wish you all safe travel to New Jersey Region 2 qualifiers. Enjoy the featured area attractions, surrounding beaches, indoor amusement parks, shopping malls, Broadway shows, and more during your stay and visit with us at **Lincoln Park**.

**USATF New Jersey and Region 2 Youth Chairs**



## Minor Athlete Abuse Prevention Policies (MAAPP)

### COACHES MUST

#### 1. Three-step compliant

①

USATF Membership - Background check - SafeSport Trained Core & Refresher courses

②

2. Ensure **one-on-one** interactions with Minor Athletes are **observable and interruptible**

③

3. Allow **parents/guardians** to **watch** their **child's individual training sessions and obtain consent forms** from them annually

4. Ensure a **second Adult Participant** is **always present** in the room **during massages, rubdowns, and other athletic training modalities**

5. Ensure that **locker rooms** and **changing areas** are **monitored** and that semi-private or private changing areas are provided

6. **Include** another Adult Participant or **parent/guardian on all electronic communication** (text, email, social media) with Minor Athletes

7. Have written parent/guardian **consent** to **transport a Minor Athlete alone** OR have another **Adult Participant** OR **at least two minors** with you

### EMERGENCY CARE PROVIDERS MUST

1. Comply with Required Prevention Policies in the **Minor Athlete Abuse Prevention Policies (MAAPP)**

2. Provide non-emergency athletic training care (such as taping, icing, or massaging) to Minor Athletes, you **must follow the MAAPP's Education and Training Policy**

3. To comply with the MAAPP, one-on-one interactions between you and Minor Athletes must be observable and interruptible by another individual. Exceptions apply in emergencies.

**REPORT ANY CONCERNS HERE**

[maapp.uscenterforsafesport.org](https://maapp.uscenterforsafesport.org)





## **LINCOLN PARK TRACK & FIELD COMPLEX**

**Lincoln Pk, Jersey City, New Jersey  
07306**



### **ADVANCEMENT TO NATIONAL JUNIOR OLYMPIC TRACK & FIELD CHAMPIONSHIPS**

Advancement from Region 2:

- **Top 5 individuals in each event/division**
- **Top 5 Relay Teams in each division advance**
- **Combined Events, Top 2 places advance;  
competitors who hit the qualifying standards  
are eligible to advance**

The 2024 USATF National Junior Olympic Track & Field Championships will be held from July 22-28, 2024 in Bryan–College Station, TX



## REGION 2 ENTRY INFORMATION

- Individual Event: On-Time Entry - \$13.00
- Heptathlon/Decathlon: On-Time Entry - \$26.00
- Triathlon/Pentathlon: On-Time Entry - \$21.00
- Relay: On-Time Entry - \$52.00



Club Administrators and Unattached Athletes **must register online at [athletic.net](https://www.athletic.net) by July 10th at 11:59 p.m.**

Late entries will not be allowed. Online registration opens July 5th and athletes may enter the meet once your association has uploaded results from their qualifier into the system.

**<https://www.athletic.net/TrackAndField/meet/564327/register>**

The TOP 6 athletes in each event/age group and TOP 6 relay teams at their Association Championship qualify to advance to the Region 2 Championship. Combined events will be open entry.

Admission tickets for the Region 2 Championships can be purchased online with mosaic-sports. Athletes with competitor numbers & children under 12 enter free.

Daily Pass: \$10.00/day (Friday-Saturday-Sunday)

3-Day Pass: \$25.00

Tickets must be purchased online at the following link:

**Get your tickets [HERE](https://mosaic-sports.com/event/usatf-region-2)**

**<https://mosaic-sports.com/event/usatf-region-2>**





## PACKET PICK-UP

**Thursday, July 11 Packet Pickup is held at the host hotel from 1:00pm-6:00pm**

Residence Inn in Secaucus Meadowlands

800 Plaza Drive,

Secaucus, New Jersey, USA, 07094



On **Friday, July 12 through Sunday, July 14 Packet Pickup** will be available at the Track Site at the registration desk

Packet Pick up Day/Time at Track Site

**July 12 Friday 8:00am-5:00pm**

**July 13 Saturday 7:00am-3:00pm**

**July 14 Sunday 8:00am-10:00am**

## COACH CREDENTIALS

For a coach to be eligible to receive a “Coach Credential” (wristband) at this event, the following criteria must be met:



Education Standard must be completed no later than June 26, 2024

Coach must be listed on the USATF Coaches Registry list.

## COACHES MEETING

Infield by Timing/Finish-Line, prior to start of the first event



## ATHLETE BIB NUMBERS



Athlete bib numbers must be worn on front unless otherwise instructed. The same number will be used for **ALL days of the meet.**

Lost Bib Replacement \$20.00

Pick up replacement at registration tent

## AWARDS



USATF Junior Olympic Regional medals will be awarded to the **top five (5) individuals and the top five (5) relay teams** in each age division.

Pick up medals at the awards table

## RESULTS



Event results will be live on **Viper Timing Live Results** [live.vipertiming.com](https://live.vipertiming.com)

Results will not be posted in the stadium. Splits and field series will be available live and in all official results.



## RULES & REGULATIONS

The meet will follow USATF Rules and Regulations according to the USATF 2024 Rulebook



## EVENT CHECK-IN

**Check-in** for the first event each day will be **45 minutes prior to the start of the first event of the meet**

- Athletes, parents, and coaches need to be aware of what events are taking place on the track and in the field events to ensure all athletes are properly checked into their events on time.
- **Check-in will be announced based on a rolling schedule.**  
Announcements will be made based on scheduled events. All athletes **must listen** to the announcements.
- Athletes must report “Race Ready”. No bags or personal items. All electronic equipment is prohibited in the competition areas.
- If you are unsure, visit the field event venue for field events or check with the head Official for that event.
- Calls will be as follows:
  - 1st Call – Athletes report, check in with the Clerk of Course
  - 2nd Call- Athletes should all be checked-in at the clerking
  - Final Call – All athletes should be checked-in at the clerking tent with Heat/Lane assignments and Hip Numbers.
- The event will be officially CLOSED after the Final Call. If an athlete has not reported by this time, he/she/they will be scratched.
- **If athletes are competing in two events in close proximity**
  - Athlete(s) must inform the Clerk that he/she is checking in for two events at the same time
- Parents & coaches are NOT allowed in the clerking area.

Upon closing of a semi-round track event by the clerk of course, semis having eight (8) or less contestants will be advanced to finals. In such cases only athletes properly checked into the event by the clerk of course prior to closing the semis will be allowed to compete in the final. **In this instance, the final will be conducted at the scheduled time for the preliminary round.**



## RELAY CHECK-IN:



- All four members must report together race-ready, in matching uniforms and wearing their bib numbers
  - If a team member is missing due to competing at another event, inform the Clerk of Course at that time of their name along with the event where the missing team member is competing
- Uniforms will be reviewed per rule 302.3.d

## STARTING HEIGHTS HIGH JUMP & POLE VAULT



High Jump				
20 cm below 2022 Performance Standard (Rule 302.5(o))				
9-10 Girls	0.80m		9-10 Boys	0.80m
11-12 Girls	1.00m		11-12 Boys	1.05m
13-14 Girls	1.10m		13-14 Boys	1.25m
15-16 Girls	1.15m		15-16 Boys	1.40m
17-18 Girls	1.25m		17-18 Boys	1.50m



Pole Vault				
60 cm below 2022 Performance Standard (Rule 302.5(o))				
13-14 Girls	1.75m		13-14 Boys	1.95m
15-16 Girls	1.80m		15-16 Boys	2.70m
17-18 Girls	2.05m		17-18 Boys	3.25m





## TRAINERS

Medical Staff/Trainers will be available for emergency needs

## IMPLEMENTS

Meet management will provide implements. Implement weighing will be in the garage accessible near the Throwing Complex.

### Weights & Measures Begins:

- Friday – 8:00am-9:00am
- Saturday – 7:00am-9:00am
- Sunday – 7:00am-9:00am

Personal implements may be used but must be weighed before the competition each day. The loss of identity rule; shall apply to all implements except the javelin.

***Implements checked in 1hr before the event will NOT be weighed***



## BLOCKS & BATONS

Meet Management will provide blocks and batons



Protests must be filed within 30 minutes of posting of final results. There will be a \$100.00 cash fee required to file a protest. Protest must be in writing with the specific rule in question stated. The fee will be refunded if protest is upheld.





### City Distances

Philadelphia	88 Miles
Pittsburgh	365 Miles
Cortland	213 Miles
Rochester	336 Miles
Erie	435 Miles
Syracuse	250 Miles

### LODGING OPTIONS:

- [Residence Inn Secaucus, Secaucus, NJ](#)
- [Hilton Meadowlands, Secaucus, NJ](#)
- [La Quinta Inn & Suites, Secaucus, NJ](#)
- [Best Western Meadowlands, Secaucus, NJ](#)
- [Courtyard By Marriott, Secaucus, NJ](#)
- [DoubleTree Hotel at Newark Airport, Newark, NJ](#)
- [Ramada By Wyndham at Journal Square, Jersey City, NJ](#)
- [Holiday Inn & Suites at Journal Square, Jersey City, NJ](#)
- [Quality Suites NYC Gateway, North Bergen, NJ](#)
- [Courtyard by Marriot at Newark Airport, NJ](#)
- [Fairfield Inn & Suites at Newark Airport, NJ](#)
- [Hampton Inn & Suites at Newark Airport, Elizabeth, NJ](#)
- [Crowne Plaza at Newark Airport, NJ](#)





## AREA ATTRACTIONS:

- Mets Stadium at Citi Field; Home Games 7/12-14
- Liberty State Park, Statue of Liberty
- Liberty City Cruise
- American Dream Park
- Jersey City Go-Karts
- Sandy Hook National Park, Public Beaches
- World Trade Center Memorial take Ferry from Jersey City
- World Trade Center Memorial Museum
- New York City (5 Miles)
- New Your City Tours
- Downtown NYC Tours
- Empire State Building
- Broadway Shows - NYC, NY



## MEET MANAGEMENT

NJ Managing Director  
Director (NJ Youth Chair)  
Meet Coordinator  
Officials Coordinator  
Awards  
Region 2 Coordinator

Terry Mullane  
Al Essilfie  
Kevin McKnight  
Phyllis Smith-Livingston  
Rhonda Underwood-Rimpel  
Latoyna Salley-Sharif

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