



**LDR Meeting `DRAFT`
Westfield YMCA
Monday, November 17, 2025
7:00PM**

- I. **Attendees sign in and introductions.** Jenifer Simpson USATF NJ President, Christine Prorock Rogers USATF NJ Vice President, Ed Neighbour LDR Division Chair, Laura Delay LDR Masters Chair, Mike Walters Masters Vice Chair, Gary Rosenberg Men's LDR Chair, Christopher Rinaldi Men's Vice Chair, Cassandra Raia Women's Vice Chair, Chuck Schneckloth XC Chair, Eva Fisher MCS, Michael Barry FFE, Nirav Shah CJRRC, Nancy Freundlich CJRRC, Ryan Rogers RVR, Swendy Rieger RVR, Terry Mullane Managing Director USATF NJ
- II. **Meeting Minutes Approval**
 - **November 19, 2024 Meeting Minutes.** Approved
 - **June 19, 2025 Meeting Minutes.** Approved
- III. **2025 LDR Championships.** Events since Last Meeting
 - **6-23-25: Presidents Cup 5k: Open Men**
 - 603 Finishers; 9 Teams / 64 Team Participants
 - New Finish post area is beyond the finish line which works better.
 - **7-19-25: Big Bang Mile: Masters Men and Women**
 - 203 Finishers; 40 Teams / 167 Participants
 - Good event.
 - **8-24-25: USATF-NJ 5k XC: All Divisions**
 - 114 Finishers; 32 Teams / 162 Team Participants
 - Race went well. Plenty of officials. No issues.
 - XC Chair noted August timing for event was early for Cross County. This event has been in August for several years. The September Fall LDR Season is crowded with Road events.
 - **9-27-25; Haworth Run 5k: Masters Men**
 - 498 Finishers; 18 Teams / 193 Team Participants
 - Police access into town shut down the roads earlier. This also has been an issue at other venues like the President's Cup.
 - **10-12-25 LBI 12k: Cancelled** (State of Emergency)
 - Entry fee considered Donation: Discount for 2026 Race for 2025 Registrants
 - **10-19-25 Teri Roemer 10k: Masters Women**
 - 427 Finishers; 19 Teams / 70 Team Participants
 - Good participation.
 - **10-26-25 USATF-NJ 8k XC: All Divisions**
 - New 8k Course for 2025. Lower Loop Twice/Hill only once
 - 54 Finishers; 10 Teams 44 Team Participants
 - The low attendance was noted by the XC Chair.
 - **11-01-25 Harrington Park 5k: Open Women**
 - 404 Finishers; 6 Teams 36 Participants
 - No issues raised with event.

- **11-9-25: Giralda Farms 10k: Masters Men**
 - 265 Finishers; 17 Teams; 73 Team Participants
 - No items raised .
- **11-27-25: Ashenfelter 8k: All Divisions. Final Race.**
 - New Race Director this year. Compuscore.
 - Registration points to higher attendance. Thanksgiving is the Largest running day of the year in participation at sanctioned USATF NJ events.
- The issue of Payment for the Championship Winners at the Spring Distance Classic 15k was raised by the XC Chair, It was noted that this item was doiscussed at the June Meeting and that the 2026 Championships as pet of the bidding are required to turn prize money over to USATF NJ prior to the Event in order for USATF-NJ to verify and distribute the funds.

IV. **2025 COED Team Championships completed.**

- *Sunset Classic June 26 2025. Bloomfield NJ*
 - 413 Finishers. 29% USATF-NJ
 - Seven Club Teams 119 Team participants
 - No comments
- *Three Bridges Five Miler August*
 - 161 Finishers. 43% USATF-NJ
 - Six Club Teams, 70 Team Participants.
 - Comments and Race Review
- *COED Five Events were Held in 2025*
 - 2025 COED Team; Cat I-3; Cat II-2
 - Seven Clubs Participated. Top Five Prize Money
 - Shore AC 58 Points
 - Fleet Feet Essex 50 Points
 - Clifton Road Runners 40 Points
 - RVRR 35 Points
 - North Jersey Masters 32 Points
 - COED Series Discussion

V. **Maniacs for Miles**

- **Eight Mile Races. Four Road Miles/4 Track Miles**
 - Impact Zone Road Mile
 - Big Bang Road Mile
 - Montclair Road Mile
 - Practice Hard Road Mile * November 29th
 - The Bella Mile. Track
 - TXR Mile Challenge Track
 - USATF-NJ 1500M
 - The Monmouth Mile
- Participation To Date: Open 139 M/90 F. Masters 113M/76F
- XC Chair noted there had been resistance to having the mile as an LDR Championship (2012).
- The number of Mile events has increased over the last few years. Montclair Mile was discussed as a large participation event.
- The TXR challenge was discussed. Practicehard put on the event in June Oak Ridge Park. Had a road mile, track mile and a XC mile. Event participants that also at the meeting noted that it was a good event. The Managing Director noted that

the event organizers may schedule the event for a less busy month in the LDR calendar than June.

VI. Cross Country Series

- 13 XC Events includes (2) USATF-NJ XC Championships
 - 100M/50F Participation as of the last GPupdate

VII. New Items.

- **2025 Awards Banquet (LDR Awards)**
- **Safe Sport Discussion.**
 - **US Center for Safesport Centralized Disiplinary Database**
 - <https://cdd.uscenterforsafesport.org/>
 - CDD listing is not always final. People can be added or removed from the database.
 - If you observe someone you know to be suspended or banned by safe sport at an event, program activity (USOPC or USATF) it should be reported.
Mandatory for those that took safe sport
 - Responsibility for Individuals, Clubs and Race Events for vetting participants and reporting requirements was reviewed
- **Grand Prix Discussion:**
 - 2025 113 GP Events
 - 2025 Cat I 90 Events; Cat II 14 Events; Cat III 9 events
 - CAT III; 2022-11; 223-11; 224-9; 2025-9
 - CAT III: 2019 pre-COVID 15 CAT III events
 - LDR Championship Events; Cat I -7; Cat II-5; Cat III-2
 - Methods of obtaining feedback among athletes participating in the Grand Prix other than discussion with athletes at the event on race day should be developed.
Survey monkey was used prior to COVID.
 - Discussion Structure going forward. XC Chair noted that the program has not changed much from The Grand Prix's inception. Participation by Open runners which has always been difficult to grow remains an issue.
- **COED Team**
 - COED Team; Cat I-3; Cat II-2

VIII. New Business.

- Mike Barry brought up several questions from runners in the Fleet Feet Exssex Club.
 - USATF Membership rates have increased substantially to over \$70 once fees are factored into the \$65 base adult membership for adult members. The question was posed concerning what benefits USATF membership provides members.
 - Research follow up after the meeting on the National site does list a few benefits. Travel Discount partnerships. Choice Hotels International, Delta discounts (limited to USATF Championship events), Rental Car discounts. Partner Discounts Hyperice, KT Tape, Pilates for Sports, Garden of Life products, USATF Online store promotions.
 - Compuscore updates have not always been posted on the calendar date noted on the USATF NJ website.

IX. Adjourn