

USATF NJ OPEN & MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS COMBINED WITH USATF MID-ATLANTIC CHAMPIONSHIP & MASTERS EAST REGION CHAMPIONSHIP PEDDIE SCHOOL, HIGHTSTOWN NJ SUNDAY, 6/29/25

Arrive at least one hour prior to start of the event

ORDER OF TRACK EVENTS

ROLLING SCHEDULE

3000m Racewalk 8:30am

5000m

100m Trials

200H (30") 300H (30") 400H (30" 33" 36")

800m

100m (If needed)

1500m

110H/100H/80H

400m

200m

4x100, 4x400, 4x800

*Finals on time unless specified

ORDER OF FIELD EVENTS

High Jump 9:00am

Shot Put

Long Jump

Triple Jump

Registration Link: Open & Masters

Registration

Form: https://www.simplyregister.net/register/?e=127670

Registration Status: https://www.simplyregister.net/status/?e=127670

USATF Membership is Required to Compete

Pre-Entries: \$30 1st event; \$15 each additional event, Deadline 6/21/25, 11:59pm

Late Entries \$50.00 1st event, \$15 each additional event, Registration closes 6/25/25, 11:59pm

Relays: \$50 – Relay registration day of meet – CLOSE 1:30pm On-site Bib pick up: 6/29 8:00am at Peddie School

Age Groups:

Open: Male /Female 14-39 Masters: 5-year age groups 40 +

Awards

Medals-Top 3 USATF New Jersey athletes in each age group per event Medals to non-USATF New Jersey athletes if in top 3 of age group per event For more information contact

managingdirector@newiersey.usatf.org

If you are attempting records, please notify <u>RD</u> at least a week ahead of the meet.

F.A.T. will be used. Implement weights for the appropriate age/gender group. Hurdle heights & implement weights according to the USATF Masters rules. No 27" hurdles though. Most running events contested younger to older women followed by men. Age groups will be combined in some events if entry warrants. If you miss your call, you forfeit that start of attempt.

THE FOLLOWING OPEN & MASTERS CHAMPIONSHIP EVENTS:

HAMMER 6/21/25

POLE VAULT, OPEN 3K & 2K STEEPLECHASE, DISCUS, JAVELIN, 6/22/25

WILL BE HELD AT THE

ELLIOTT DENHAM INTERNATIONAL MEET, MONMOUTH UNIVERSITY, WEST LONG BRANCH SAT 6/21 (HAMMER) & SUN 6/22

INTERNATIONAL MEET INFORMATION & REGISTRATION