



LDR Meeting Minutes DRAFT
Westfield YMCA
Thursday, May 28, 2026
7:00PM

- I. **Attendees sign in and introductions: Edward Neighbour, Laura Delea, Mike Walters, Ryan Rogers, Christine Prorock Rogers, Nora Cary, Drew Krasny, Gary Rosenberg, Terry Mullane, Eva Fisher, Liz Castillo, Christopher Rinaldi**
 - **11-17-25 Meeting Minutes motion made to approve and seconded. Minutes approved by acclamation.**
- II. **Elections- All LDR Committee Positions.**
 - **Voting Requirements**
 - **18 years minimum age**
 - **2026 USATF NJ Membership (New) valid for 30 days prior to meeting.**
 - **LDR Committee Requirements**
 - **18 years minimum age**
 - **USATF NJ Membership**
 - **Upon election prior to taking position.**
 - **Approved background screening.**
 - **SafeSport Training Certificate or renewal**
 - **Sports Committee Responsibilities Article 13**
 - **Association Championships**
 - **Locate award or conduct and manage**
 - **Calander** Coordinate local domestic competition calendar
 - **Records.** Recommend Records within disciplines
 - **Attendance at NJ Association LDR Championships.**
 - **Nominations were made and seconded. Election Results;**
 - **LDR Division Chair** Edward Neighbour
 - **Men's LDR Chair** Garry Rosenberg
 - **Women's Chair** Liz Castillo
 - **Women's Vice Chair** Cassandra Raia
 - **Masters LDR** Drew Krasney
 - **Masters Vice Chair** Nora Cary
 - **Cross Country Chair** Ryan Rogers
 - **Cross Country V. Chair** Mike Walters
 - **MUT Chair** Christopher Rinaldi
 - **Positions start July 1, 2026. Three years June 30, 2029**
- III. **2025 Championships Discussion Events completed after November 2025, Meeting.**
 - **Ashenfelter 8k.**
 - **New Event Director 2025.** Race was well attended. With no issues. Thanksgiving is the biggest LDR Running Day of the year
- IV. **2026 Championships.**

- **LDR Prize Money in 2026** . Now collected from events and distributed by NJ Association.
- **New system has been working**
- **2026 Calendar Revision.** Drop Harrington Park 5k which moved date to same weekend as Paramus MW 10k Championship. HP will serve as a Wildcard. Not an Individual or team Championship.
- **Our House 4 Miler-All Divisions.**
 - **New venue and new certified course.**
 - **Races venues have all been hilly with challenges.**
- **Course had hills with some trail components. Ridgewood Run 10k Masters Men**
 - **Race was well organized.**
 - **No issues**

V. 2025 COED Team Championships completed and upcoming.

- *Penguin Pace 5k, Wayne, January 31*
 - *Very cold temperatures.*
 - *Good USATF NJ attendance.*
 - *Lot of non-USATF NJ registrant no shows.*
 - *Registration and post race indoors.*
- *Cherry Blossom 10k, April 12 5th Anniversary of Cherry Blossom Festival*
 - *Largest Cherry Blossom to date.*
 - *Registration cutoff at 3,000.*
 - *No Day of registration in 2026*
 - *2,789 Finishers.*
- *On Deck: Wayne Rotary 5k May 30th*

VI. New Business.

- **LDR Race Director Guide**
 - **Ryan Rogers prepared. Looking to issue to event directors upon sanctioning and having on website.**
- **LDR Grand Prix Focus Group Draft**
- **Discussed categories for focus groups and new committee developing methods for moving forward.**

VII. Adjourn