



2026 USATF-NJ Club Grand Prix

Team and Overall Club Championships Rules & Regulations

I. Requirements for Clubs

A. Clubs must be valid registered clubs of USATF-NJ

B. Scoring members of a club must be valid USATF-NJ members and valid members of their club per the USATF National Membership database.

Athletes may belong to more than one USATF-NJ club but may compete for only one of those clubs which has been designated by the athlete in their current USATF membership. Athletes may choose to compete for a different club at any time in the competitive year, but may not run for another club for a period of 90 (ninety) days from the date that they last competed on their former team. During the 90 day period the athlete is free to compete in championships and other races as an unattached athlete. Athletes are solely responsible for designating a USATF-NJ Club with whom they are competing. A change in USATF-NJ club designation can only be initiated by the athlete directly with the USATF National Office and must be done prior to competing. Athlete Eligibility is subject to the requirements as outlined in the current USATF National Governance Manual REGULATION 3 ATHLETE ELIGIBILITY and REGULATION 4 REPRESENTATION.



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II. Scoring

A. Events designated as the Championship race for a distance will automatically include a team championship. The USATF-NJ Club Grand Prix will have the following team categories at the designated USATF-NJ championship event:

1. Open Men and Open Women
2. Masters 40-49 Men and Women
3. Masters 50-59 Men and Women
4. Masters 60-69 Men and Women
5. Masters 70-79 Men and Women
6. Masters 80-89 Men and Women

B. Clubs may field any number of teams. ***Team captains are to submit team declarations prior to the USATF-NJ designated deadline the day before race day***, team captains may declare up to the following number of runners. To be scored teams must have the indicated number of finishers:

1. Open Men and Open Women: Declare 10, Score 5
2. Masters Men 40-49 and 50-59: Declare 10, Score 5
3. Masters Women (all ages): Declare 6, Score 3
4. Masters Men 60-69, 70-79 and 80-89: Declare 6, Score 3



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C. Teams are declared by submitting via email a Team Declaration. The submission, by the Team Captain, is to include the Club, designated team number and list the USATF-NJ members on the team in accordance with the requirements outlined in B. above. ***For 2026 all teams are to be pre-declared via email to the timing company and lrddivision@newjersey.usatf.org by the USATF-NJ designated deadline the day prior to the event.*** The pre-registered runners will be posted on an Alpha List by the timing company. ***There will be no day of race submissions or changes permitted on race day.***

TEAM DECLARATION FORMS IN 2026 ARE NOT REQUIRED TO INCLUDE INDIVIDUAL USATF MEMBERSHIP NUMBERS OR THE BIB NUMBER. TEAM MEMBERS MUST BE CURRENT 2025 USATF-NJ MEMBERS PRIOR TO THE RACE.

D. The finishing times of the scoring team members are added together. The team with the lowest overall time wins. (Exception: Cross Country when place is used for Open and Masters Teams for both Men and Women.) [See USATF Competition Rules Section I, Rule 7, 6. Scoring by place.

E. Open Men and Open Women, Masters Men 40 and Masters Men 50 Teams are scored in LDR Championship races in their division using the following point system:



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1. First place team: 12 points
2. Second place team: 10 points
3. Third place team: 8 points
4. Fourth place team: 7 points
5. Fifth place team: 6 points
6. Sixth place team: 5 points
7. Seventh place team: 4 points
8. Eighth place team: 3 points
9. Ninth place team: 2 points
10. Tenth place through final place team: 1 point

F. Masters Women 40 and Masters Men 60 Teams are scored in LDR Championship races in their division using the following point system:

1. First place team: 10 points
2. Second place team: 8 points
3. Third place team: 6 points
4. Fourth place team: 5 points
5. Fifth place team: 4 points
6. Sixth place team: 3 points
7. Seventh place team: 2 points
8. Eighth place through final place team; 1 point

G. Masters Women 50 Teams are scored in LDR Championship races in their division using the following point system :



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1. First place team: 9 points
2. Second place team: 7 points
3. Third place team: 5 points
4. Fourth place team: 4 points
5. Fifth place team: 3 points
6. Sixth place team: 2 points
7. Seventh through final place team: 1 point

H. Masters Women 60, Masters Men and Women 70 and Masters Men and Women 80 Teams are scored in LDR Championship races in their division using the following point system:

1. First place team: 6 points
2. Second place team: 4 points
3. Third place team: 3 points
4. Fourth place team: 2 points
5. Fifth place through final place team: 1 point

I. Exception: In Cross country events, Teams are scored by counting the places of their scoring members. Only team members are counted toward determining place, and each age division is scored independently even though they may be competing in the same race with other age divisions. Unattached athletes or athletes on incomplete teams are eliminated from the scoring. [See USATF Competition Rules Section I, Rule 7, 6. Scoring by place.]

J. Masters athletes may compete in a maximum of two different team divisions; either two age divisions or one age division and one Open.

K. Team Division Results for determining end of year placement.

- a) *The team's lowest Association Championship score will be dropped to determine the end of year Division Placement.*
- b) *Two points will be added to teams that have competed in all Association Championships in their Division.*



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- L. Two points will be added to all teams in a USATF-NJ Cross Country championship.
- M. Teams must complete a minimum of three races to be eligible for final grand prix standings.
- N. Ties are broken by the total number of each teams' Championship wins. If a tie remains it will be broken by the head-to-head record against each other in all Championships in which both teams participated. If still tied, the title will be shared.
- O. The scoring to determine the Overall Club Title takes the total of all the club's team points across all divisions, including A, B, or C, etc., teams for an aggregate year's end total. The club with the most total points wins.
- P. Clubs with multiple teams in a division. Once declared, the clubs teams will be scored in order of finish. (Team designation is fixed upon declaration. Clubs designated 'B' team can place ahead of the designated 'A' team)
- Q. For end of year age division awards only the club's highest placing team within that age division is eligible to receive an award and all other teams from that club are dropped from the final Team Grand Prix division standings. (Overall Club Title see O.)