



2020 USATF New Jersey Open & Master Holiday 5K Cross Country Event

Sunday, November 22, 2020
Dream Park, Logan Township, New Jersey

SCHEDULE & AGE DIVISIONS:

Age Division	Distance
Open & Masters	3.1 miles 10:40am

Race goes off at 10:40am-wave start

Coed Race 150 participants

Bib Pick Up starts 30 minutes prior to your race -Registration area is located in parking lot area near finish line

ELIGIBILITY REQUIREMENTS:

Individuals: Current USATF membership is required to compete. A competitor must compete in his/her age division only. All ages based as of 12/31/20.

Go to: <https://www.usatf.org/home/top-utility-nav-content/membership> to obtain a USATF membership. You must have a current USATF Membership to participate.

ENTRY FEES & DEADLINES:

On-Time Registration: Must be completed by 11:59pm Tuesday, November 17. ONLY ONLINE REGISTRATION ENTRIES WILL BE ACCEPTED.

Please visit: <https://www.simplyregister.net/register/?e=118950> to enter.

Online waiver must be signed by the appropriate individual.

Individual Entries: \$25.00 per athlete.

THERE ARE NO DAY OF RACE ENTRIES PERMITTED

PAYMENTS: The online entry system accepts all credit cards. If you do not pay for your child's entry then your child is not entered into the meet.

EVENT RESULTS: Will be posted and emailed to all participants

AWARDS: Age Group Awards, Men's, Women's Team Awards

For questions or concerns please contact the USATF NJ office: (973) 334-8900
managingdirector@newjersey.usatf.org

USATF-NJ / Dream Park COVID-19 Guidelines

- Dream Park Release of Liability COVID-19 form will need to be handed in at registration table. This form will be emailed to all registered participants
- Individuals and families should stay home if they have tested positive for or are showing COVID-19 symptoms or have recently had close contact with a person with COVID-19
- No contact rule- please, no unnecessary physical contact, such as high fives, handshakes, fist bumps or hugs
- Face masks- Everyone on site; athletes, parent, guardian, coaches, officials, volunteers, and race staff must wear a mask at all times, except for athletes during their race
- Social Distancing of at least 6 feet expected

Spectator Information

- Spectators are limited to 1 family member of athletes competing
- No spectators allowed at the start and finish areas
- No post-race refreshments will be available
- Once athletes complete their race, they will be required to leave the finish area and proceed to their cars and exit the park
- Results will be posted online and emailed to all participants