

## USATF NJ OPEN & MASTERS OUTDOOR TRACK & FIELD CHAMPIONSHIPS **USATF NJ PENTATHLON CHAMPIONSHIP** SATURDAY, 6/22/19 & SUNDAY, 6/23/19 PEDDIE SCHOOL, HIGHTSTOWN, NJ

## USATF NJ Youth Association Members will need register for meet through ( athletic.net) site Г

6/23	Reference         Construction           10,000 Run (LDR GP Event)         5000m Race Walk (M & W O/M)           5000m Race Walk (15-18YR OL         5000 Run (LDR GP Event)           5000 Run (LDR GP Event)         M/B Pentathlon 200m & 1500M           200H (30") 300H (30") 400H (30"         3000m Run (ages 15-18)           100m Finals (if needed)         110H, 100H (including ages 15-18)           100m (including ages 15-18)         800m (including ages 15-18)           200m (including ages 15-18)         200m (including ages 15-18)           200m (including ages 15-18)         200m (including ages 15-18)           200m (including ages 15-18)         4x800, 4x100, 4x400, (O/M)	8:30 9:30 D) 10:1 12:30pm & 2 " 33" 36") 9:3 10: 10: 10: 10: 10: 18) 80H 12: 18) 80H 12: TB, 18) 80H 12: TB, TE TE TE	Dam Dam 5am 30pm 30am 15am 45am 45am A 00pm 3A 3A	PENT/ Mail in R ( Relays On-site Medals- Medals to Patch For more	ATHLON E egistration Dnline Reg https://ww @ RACE D s: \$30 – Re Bib pick u O Yo Yo M Top 3 US/	S25/1 <sup>st</sup> eve ENTRY Fl n must be gistration of w.simplyr DAY ENTF elay regis up: 6/22 7 <u>/</u> Open: Male outh: 15-1 Masters: 5 ATF NJ at ATF NJ at ATF NJ at Age Grou	ent; \$15 e EE \$40 (w postmark closes on register.ne RIES FOR tration day :30am, 6/2 Age Group e 19+ and 8 (13-18 f i-year age <u>Awards</u> thetes in e netes if in p Winners : <u>managin</u>	ach addit ith Indiv ed by Mo 6/19/19 ( t/register, INDIVID y of meet 23 8:00ar s: Female for pole va groups 3 each age top 3 of a s – only 1 gdirector(	ional eve idual eve nday, Ju 2012:00n /?e=116 UAL EV – CLOS n at Pec 19+ ault) :0+ group in age grou patch p @usatf.r	ent rent ent une 17, 1 oon. 558 ENTS SE 1:30p Idie Sch e each e p in an er perso	2019 om ool vent event. in
6/22	Pentathlon 9:30am Start Time- O	rder of Events	- LJ, Javelin,20	0, Discus,1500 (	(30 minute	es betwe	en events	;)			
6/23			9:00am 10:00am								
	Discus Shot Put		10:00am 10:00am								
	ong Jump		11:30am								
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ך F.A.T event	high Jump Approximate star for all races. Implement weights for the app s contested women followed by men (oldest warranted. Pole Vault ar	t times to be p ropriate age/gende to youngest), then nd High Jump bar v	1:30pm <b>posted morning</b> er group. Hurdle heigt girls followed by boy vill not be lowered aff	of 6/21/19 A nts & implement weig s (youngest to oldes ter event begins. If yo	ghts accordin t), unless oth	ng to the US nerwise notif call, you for	ATF Masters fied. Age gro rfeit that star	s rules. No 2 ups will be t of attemp	27" hurdle: combined t.		
T.A.T eveni Checks P	high Jump Approximate star for all races. Implement weights for the app s contested women followed by men (oldest	t times to be p ropriate age/gende to youngest), then nd High Jump bar v 150 River Road,	1:30pm <b>costed morning</b> er group. Hurdle heigt girls followed by boy vill not be lowered aft Suite N-3, Montvil	of 6/21/19 A nts & implement weig s (youngest to oldes ter event begins. If yo	ghts accordin t), unless oth	ng to the US nerwise notif call, you for Ch Nc	ATF Masters fied. Age gro	s rules. No 2 ups will be t of attemp ney Order f r Transfer	27" hurdle: combined t. ONLY s for any	in some e	events if
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F.A.T event Checks P Please en 1 Last Nam Street Add City RELEASE: damages, v	High Jump         Approximate star         for all races. Implement weights for the app         s contested women followed by men (oldest warranted. Pole Vault ar         ayable & Mail Entries To: USATF – NJ,         ter me in the following (circle one) Oper        2.      3.         e       First         dress	t times to be p ropriate age/gende to youngest), then nd High Jump bar v 150 River Road, n or Masters even 4 Name d, I intending to be ainst USA Track & I	1:30pm posted morning par group. Hurdle heigl girls followed by boy vill not be lowered aff Suite N-3, Montvil nts: 2019 USATF New legally bound, for my Field, The New Jerse	of 6/21/19 A hts & implement weig s (youngest to oldes iter event begins. If yu- le, NJ 07045 _5/ Gender 7 Jersey Number Zip rself, my heirs, execu- y Association of US/	ghts accordir t), unless oth ou miss your 6 Birt Birt tors, and ad ATF, Inc., Pe	ng to the US nerwise notif call, you for Ch Nc Us / th Date	ATF Masters fied. Age gro rfeit that star heck or Mor Refunds c e separate 7. 7. Ph of USATF C , waive and c I or their resp	s rules. No 2 ups will be t of attemp ney Order of r Transfer forms to e / A one Numb Club & Club discharge a pective offic	27" hurdle: combined t ONLY s for any enter Ope 8 ge ge ge por (inclue po Numbe ny and all ers, agent	in some e reason en & Mas // ding area r rights, cla s represen	ter events ter events a code) ims and ntatives,